

No one ages alone: food, music, and a mission at Portland's Community Day in the Park, July 12

The free event is organized by Housecall Providers and supported by more than 20 local community-based organizations.

Portland, OR., June 12, 2025 - On Saturday, July 12, Housecall Providers and more than 20 organizations that serve senior and disabled communities in need invite Portlanders of all ages to gather under the trees at Sellwood Park for Community Day in the Park. Hundreds are expected to attend the free, family-friendly summer celebration of connection, friendly competition and fun.

From noon to 3 p.m., the park will come alive with food trucks, live music, a beer garden, games - including the lively *Toss for a Cause* cornhole tournament - and a resource fair. Learn more about how to better support elders, adults with disabilities, and people living with serious illness directly from the nonprofits serving them. These organizations help the community address key issues like health care, housing, isolation and food insecurity. Together this network offers comfort, dignity, and independence to people in the later chapters of life.

Participating community-based organizations at this time include: Alzheimer's Association of Oregon and SW Washington, Asian Health & Services Center, Community for Positive Aging, Do Good Multnomah, Friendly House, Gifted Wishes, H.O.P.E., Friends of Hopewell House, Housecall Providers, Lifeworks NW, Multnomah County, NW Pilot Project, Oaks Bottom Lions Club, ReFIT, Ride Connection, Rose Haven, Sellwood Community House, Store to Door, Swan Songs Portland, The Old Church, Urban League, and Villages NW.

• WHERE: Sellwood Park (SE 7th Ave & SE Miller St, Portland, OR 97202)

o **COST:** Free and open to all ages

• **FEATURES**:

Toss for a Cause Cornhole Tournament

Live music

Free cornhole game sign up

Family-fun field

Food trucks

Beer garden

Resource Fair with 20+ community-based organizations

Opportunities to volunteer

Activities for all ages

Older and disabled adults in Portland are vibrant contributors to our neighborhoods and civic life, yet they face numerous challenges. A Community Day in the Park is a celebration of the people who show 5100 S Macadam Ave, Suite 200, Portland, OR 97239 | 971-202-5500 | housecallproviders.org

up for one another and a powerful reminder that in a city known for its heart, no one should age or struggle alone.

"At Housecall Providers, we believe a healthy community is an inclusive one. Every day, we serve people whose stories go unheard, older adults alone, those with serious illness and families striving to cope. A Community Day in the Park is for them and it is a reminder that everyone deserves to be seen, supported and included," said Rebecca Ramsay, CEO of Housecall Providers.

Whether you're a caregiver looking for support, a neighbor wanting to help, a family wanting a fun day out, or simply someone who believes in the power of community, you belong at this event. Thank you to our gold-level sponsors of this event: CareOregon, NW Natural, Dragonfly Health and Threadgill's Memorial Services. Their generous support helps make this gathering possible and reflects a shared commitment to ensuring that Portland's aging and disabled community members are met with respect, care, and opportunity.

The event is rain or shine and no registration is required.

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About Housecall Providers:

As a nonprofit medical organization, Housecall Providers offers a full range of services, including inhome primary care, palliative care and hospice. Their team-based, interdisciplinary approach goes beyond treating illness, it focuses on enhancing the overall well-being of each patient. This model of care has been shown to improve health outcomes, increase comfort, reduce healthcare costs and boost satisfaction among care teams.

At the heart of Housecall Providers is a simple yet powerful belief: everyone deserves access to medical care that is delivered at the right place and at the right time.

For 30 years, Housecall Providers has delivered in-home medical care to seriously ill and homebound individuals in the Portland tri-county area. In recent years, the organization has expanded its services: palliative care now reaches Clatsop, Tillamook, Columbia, and Jackson counties; primary care extends to Marion and Polk counties; and hospice remains focused on the Portland metro area.

With a dedicated staff of nearly 170 professionals, Housecall Providers is proud to be part of the CareOregon family of companies, working together to bring compassionate, high-quality care directly to those who need it most.