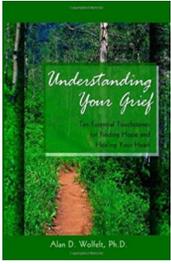


# BEREAVEMENT BOOK LIST



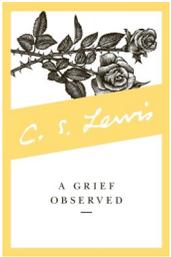
**Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart**  
by Alan Wolfelt

The grief journey inspired by metaphors of nature.



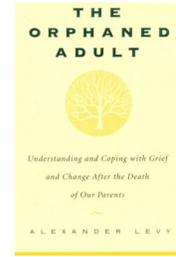
**Healing After Loss: Daily Meditations for Working Through Grief**  
by Martha Hickman

Daily readings to strengthen, inspire and comfort.



**A Grief Observed**  
by C.S. Lewis

The author's honest reflection on the fundamental issues of life, death and faith in the midst of loss.



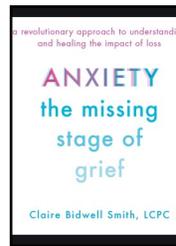
**The Orphaned Adult**  
by Alexander Levy

The author explores parental loss with wisdom, compassion and humor.



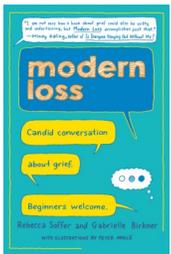
**Swallowed by a Snake: The Gift of the Masculine Side of Healing**  
by Thomas Golden

Explores how genders differ in their healing.



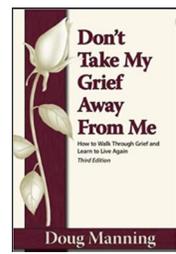
**Anxiety: The Missing Stage of Grief**  
by Claire Bidwell Smith

Explores the little known yet critical connection between anxiety & grief.



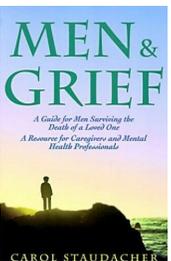
**Modern Loss: Candid Conversation About Grief**  
by Rebecca Soffer & Gabrielle Birkner

A collection of essays navigating grief & resilience in the age of social media.



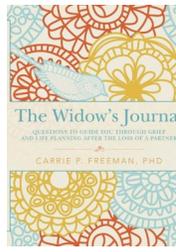
**Don't Take My Grief Away From Me**  
By Doug Manning

A practical but thoughtful guidebook that provides helpful advice for rebuilding life after loss.



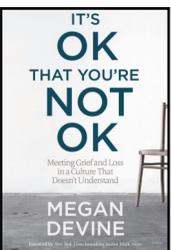
**Men and Grief**  
by Carol Staudacher

Explores a grief framework specifically for men. Looks at different experiences of loss as a father, husband and parent.



**The Widow's Journal**  
by Carrie Freeman

Provides over 100 guiding questions to be used to progress through the grief process. This journal works like a guided diary or workbook.



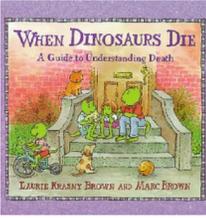
**It's OK That You're Not OK**  
by Megan Devine

Approaches the experience of grief and the way culture tries to help others who have endured tragedy.



**Housecall  
Providers  
HOSPICE**

# BOOKS FOR KIDS AND TEENS



## **When Dinosaurs Die: A Guide to Understanding Death**

by Laurie Brown & Marc Brown

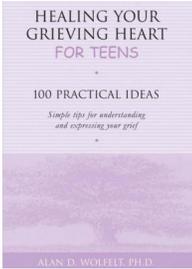
A book for kids that explains death, dying and coping with grief and loss in simple and accessible language.



## **The Invisible String**

by Patrice Karst & Joanne Lew - Vriethoff

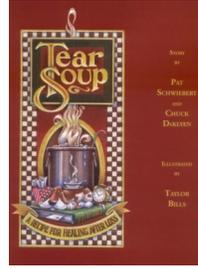
A tool for children coping with separation anxiety, loss and grief.



## **Healing Your Grieving Hearts for Teens: 100 Practical Ideas**

by Alan Wolfelt

This series offers suggestions for healing activities that can help with the natural expression of grief.



## **Tear Soup: A Recipe for Healing After Loss**

by Pat Schwiebert, Chuck DeKlyen, & Taylor Bills

A validation of the grief experience for adults and children of all ages.



These resources and others are available through various online and local bookstores, as well as local libraries. Your library may also offer these titles in audio or e-book formats.

If you would like additional book recommendations or other resources for grief and loss, please don't hesitate to contact our bereavement coordinator Rondi Hunt at 971-202-5500, or email her at [rhunt@housecallproviders.org](mailto:rhunt@housecallproviders.org).

